



Resolution Run 5k/Fun Walk and Pancake Breakfast

Sponsored by Arc of Washington County

Location: Crossroad Christian Church and Daniel Boone High School

Saturday 1/14/17

5k Registration Information

Registration \$25 adult/ \$10 child (5-12)

Those wanting to be timed on the certified 5k course please check box for timed 5k on registration page.

Register by Friday December 23, 2016 by midnight and receive a free long sleeve t-shirt and free breakfast.

Mailed registrations must be postmarked by December 15, 2016 to receive free long sleeve t-shirt and breakfast.

Register after December 23, 2016 and receive a free breakfast. T-shirts will be available for purchase the day of the event for \$10 subject to availability.

Online registration closes on Monday January 7 at midnight.

All 5k registrants will be eligible for door prizes. You must be present to win door prizes.

Fun Walk Registration Information

Registration \$20 adult/ \$10 child (5-12)

Register by Friday December 23, 2016 by midnight and receive a free long sleeve t-shirt and breakfast.

Mailed Registrations must be postmarked by December 15, 2016 to receive free long sleeve t-shirt and breakfast.

Register after December 23, 2016 and receive a free breakfast. T-shirts will be available for purchase the day of the event for \$10 subject to availability.

Online registration closes on Monday January 7 at midnight.

All Fun Walk registrants will be eligible for door prizes.

You must be present to win door prizes.

Pancake Breakfast Registration information

Adults \$8 Children 5 and under Free

Pancake Breakfast tickets are \$8 and are available online by clicking on the register tab and then click on general event registration. Online registration closes on Monday January 7 at midnight. Tickets will also be sold at the door.

Kids 5 and under eat free.

Everyone purchasing a pancake breakfast will be eligible for door prizes.

You must be present to win door prizes.

Please cut off here and mail in bottom of form

2017 Resolution Run Event Registration

Last Name _____ First Name _____ Sex : M F

Email _____ Address _____

Phone Number _____ Day of Race Emergency Contact _____

Please place a check in the box of the event you are registering for and select shirt size if applicable. Each person needs a separate registration form.

<p>5k Registration _____</p> <p>T-shirt size: YM YL SM MD LG XL 2XL 3XL (circle one)</p> <p>Add \$2 for 2XL and 3XL shirts</p>	<p>Fun Walk Registration _____</p> <p>T-shirt size: YM YL SM MD LG XL 2XL 3XL (circle one)</p> <p>Add \$2 for 2XL and 3XL shirts</p>	<p>Pancake Registration _____</p> <p>All 5k and Fun Walk Registrants get free breakfast</p>
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In consideration for accepting my entry in this event, I for myself, my heirs, executors and administrators waive and release forever any and all rights and claims for damages I may have against the organizers and sponsors of this event. I also release the above named for all claims of damage demands, actions in any manner due to any personal injury, property damage or death sustained as a result of traveling to and from and my participation in said event. I also give permission for the Arc of Washington County to use any photos or videos from event on their website, facebook page and/or newsletter.

Signature _____ (parent if under 18) Date _____

Forms and Registration cost should be mailed to: Arc of Washington County
110 E Mountcastle Dr
Johnson City, TN 37601
Attn: Kim Reid For more information contact Arc of Washington County at (423) 928-9362

Or Register online at <http://arcwc.ezeventsolutions.com/5K>